

**2010**  
**BETHLEHEM/HAMPTON RECREATION**  
**INSTRUCTIONAL T-BALL RULES**  
**(GRADES K & 1)**

- 1) Regulation game play is three (3) innings.
- 2) There are no forfeits in Instructional Baseball.
- 3) Every game is a tie game. In Instructional baseball there is no score - no winners and no losers.
- 4) Rotate all players around the field - The play is instructional.
- 5) Every player bats each inning.
- 6) Scorecards are not necessary or encouraged.
- 7) There is no in-field fly rule in Instructional Baseball.
- 8) Base runners must remain on base until the ball is hit.
- 9) Distance between bases is nominally 45 feet.
- 10) Throw the bat and you automatically receive one warning, the next time the batter loses their turn.
- 11) Foul Balls:
  - a. Ball crosses behind first or third base.
  - b. Batter hits the Tee with the bat and the ball falls off.
  - c. Ball does not travel more than eight (8) feet in a forward direction.
  - d. There will be a half circle marking this area of no play. This rule must be discussed before the game starts and both head coaches must agree to applying this rule.
- 12) One base on an over-throw any where on the field.
- 13) Base runner must stop at the closest base when the ball crosses the base line on a throw in from the outfield. Excessive bases should not be taken if the ball is barely in the outfield and/or the fielder is bobbling it. A double is normally enough unless the hit is a good line drive.
- 14) Slow pitching is done at the by the coach. A maximum of "5" pitches are allowed before bringing back the Tee, unless the batter is obviously very close to contact. In no case is more than "7" pitches allowed, unless that last pitch is fouled off. This is to prevent over lengthy games.
- 15) Do not use the Tee as a crutch. All players should be attempting to hit a pitched ball after the second game unless there are extreme circumstances.

- 16) Please refrain from arguing about calls in front of the children. Remember how influential your role is. No innings will start unless daylight will allow the inning to be completed.
- 17) Last batter every inning gets to clear the bases after rounding first, regardless if out or not. Coaches to discuss this rule and mutually agree on implementing it prior to starting the game. Fielders will not stand at home or 3<sup>rd</sup> and tag every runner as they round the bases. This is fun for the kids! Each inning or game, a different player bats last.
- 18) No practices or games shall be held without two (2) adults (with Rutgers SAFETY and /or National Youth Sports Coaches Association training) supervising play at all times! Two (2) adult supervision is necessary for each baseball field. Failure to meet this requirement constitutes cancellation. Ignorance of this requirement may revoke coaching privileges.
- 19) Baseball rules **do** apply in Instructional Baseball. A play at any base whether a runner is tagged or thrown out **is an out**.