

General Rules

Windjammer Youth Basketball Grades 3rd-6th

***Exceptions for 5th and 6th, see below**

Offense

- 4 on 4 play
- No 3 pointers
- Free throw shooting at half time one shot per player per team added to team score. You may have players that missed their first shot take a second shot in order to equal the number of team shots.
- Foul line will be adjusted depending on ability

Defense

- No zone defense
- No defense outside three point line
- No double teaming except in the paint
- All Iabbo rules for Junior High will apply unless Otherwise stated
- After 5 fouls player is out of game
- 6 minute quarters (stopped time)
- A tie is a tie no overtime
- Each player must play 3 min/quarter and must sit 3 min/quarter
- 2 time outs per half lasting one minute each, no carryovers
- Basket will be at 8.5 feet Basketball will be 28.5
- Foul shots will be one and one for 7, 8, 9 foul 2 shots for 10th foul and above each half

- Five minute half time
- Half time scores that have a 15 point or greater difference after free throws have been taken will be reset.
- Last minute of game half court defense permitted.

Additional rules/Exceptions for 5th and 6th grade

- Play 5 on 5
- Basket height 10 feet
- Foul shots at half time from existing line depending on ability
- Defense permitted after ball has crossed half court
- Last minute of game, full court defense permitted